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Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
5271	14.05.2019	14.05.2019	Haridwar Uttarakhand	www.timesofindia.com/English https://timesofindia.indiatimes.com/city/dehradun/diarrhea-cases-on-rise-with-onset-of-summer-season/articleshow/69314121.cms
Title:	Diarrhea cases on rise with onset of summer season in Uttarakhand			
Action By CSU, IDSP -NCDC	Information communicated to SSU- Uttarakhand			

With increase in temperature and humidity, several infants and schoolchildren have come under the grip of diarrhea in Uttarakhand. Almost all district hospitals especially in the plain districts of Haridwar, Udham Singh Nagar and Dehradun have seen around 20-25% increase in diarrhea patients in the out-patients departments (OPDs).

Doctors said that most of the children are suffering from acute dehydration. Dr KK Tamta, chief medical officer of Government Doon Medical College Hospital, said, "We have been receiving a lot of cases of dizziness, dehydration and diarrhea with the onset of summer. These ailments can be kept at bay with proper intake of water and by eating a lot of fruits."

Doctors said that with increase in temperature and humidity, microbial activities escalate and it may result in severe gastroenteritis and stomach infections.

Save Water- Save Life, Save a tree- Don't print unless it's really necessary!

Disclaimer:- This is a media alert subject to verification.

**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,
Ministry Of Health & Family Welfare, Government of India**

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Residents have also been urged to identify the symptoms of water and food-borne ailments such as jaundice, typhoid etc and get immediate treatment. Hridwar chief medical officer Dr Premlal said, "Carrying umbrella is not sufficient.

If possible, avoid sending children out in summer as heat stroke may lead to several other problems. Also, people suffering from heart ailments should remain extra careful."

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