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Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
6824	07.07.2022	11.07.2022	Kapurthala Punjab	www.tribuneindia.com/English https://www.tribuneindia.com/news/jalandhar/snakebi te-cases-on-the-rise-in-kapurthala-130-in-april-alone-410520
Title:	Snakebite cases on the rise in Kapurthala; 130 in April alone, Punjab			
Action By CSU, IDSP –NCDC	Information communicated to DSU- Kapurthala, SSU- Punjab			

A whopping 130 cases of snake bites were reported in Kapurthala in April alone! With 130 cases in April and 72 in May, the snakebite incidents have registered a steep hike this year so far.

As many as 509 cases of snakebites were reported in Kapurthala last year. However, 282 cases have been reported until May this year. Last year, the most number of snakebites were reported in March (60), followed by February (56) and June (54).

This year, of the 282 total cases so far, 130, the highest, were reported in April, followed by 72 in May, 42 in March and 21 in February.

Last year, there were two deaths and 161 victims were admitted to the hospital. This year, there have been 62 hospitalisations so far, but no deaths.

Kapurthala Civil Surgeon Dr Gurinderbir Kaur today asked residents to exercise caution in view of the increasing number of snake bites. Issuing a detailed

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Disclaimer:- This is a media alert subject to verification.

Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control, Ministry Of Health & Family Welfare, Government of India

22-Sham Nath Marg, Delhi - 110 054

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advisory, she asked people not to resort to myth-mongering or seeking advice from witchdoctors in the eventuality of a snake bite and to rely only on medical help.

She said of over 50 species of venomous snakes in the country, three are found in the state — Cobra, Russell's Viper and Krait. In a snake bites on the leg or arm, one should avoid move the affected area with the help of a splint (a device to hold an injured area stable in the event of an injury). All kinds of accessories — kadas, bangles, bracelets, socks, shoes, gloves, etc. should be removed from the area.

She cautioned that one should never try to suck out the poison, nor take out blood from the snake bite wound, nor press or massage herbs or any medicine in the affected area. She also asked people not to give anything to eat to the person who has been bitten as it would cause the poison to spread faster.

The civil surgeon said in the event of a snake bite a patient should be taken to the nearest hospital, where snake anti-venom vaccines are available. She also said in such a situation it was imperative that people kept their calm and the patient is not spooked regarding the snake bite. Taking the patient to healthcare as soon as possible should be the top priority.

Common symptoms

Some of the common symptoms associated with snakebites are bleeding, redness in the affected area, burning sensation, inflammation and numbness in limbs, diarrhoea, blurred vision, vomiting, fever, seizures, increased heartbeat, weakness, nausea; feeling unconscious, etc.

Treatment

Anti-venom injection counters the venom in the body

Prevention

- Keep surroundings clean
- Don't allow tree and its branches touch walls and windows
- Rid homes of rodents, mice, frogs and other creatures that may attract snakes into house
- Don't keep any holes open in the house
- Avoid areas with wild gowth
- Don't sleep on the floor

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