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# Media Scanning & Verification Cell



Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
5262	08.05.2019	08.05.2019	Maharashtra	www.timesofindia/English <a href="https://timesofindia.indiatimes.com/city/pune/over-300-laid-low-seven-succumb-to-heat-stroke-in-scorching-summer/articleshowprint/69224523.cms">https://timesofindia.indiatimes.com/city/pune/over-300-laid-low-seven-succumb-to-heat-stroke-in-scorching-summer/articleshowprint/69224523.cms</a>
<b>Title:</b>	<b>Maharashtra: Over 300 laid low, seven succumb to heat stroke</b>			
Action By CSU, IDSP -NCDC	Information communicated to SSU-Maharashtra			

As many as 303 people suffered from heat-related ailments including heat stroke, exhaustion and severe dehydration in the state between March 15 and May 5, a report from the state health department on May 6 said.

'Seven people succumbed to complications arising out of these conditions in the state during this period. Akola district has recorded the maximum, 138, heat related cases followed by Nagpur (112) and Latur (41). The rest have been recorded predominantly from other districts in Vidarbha and Marathwada regions," state surveillance officer Pradip Awate said.

Of the seven people who succumbed to complications arising out of heat-related extreme conditions, Aurangabad and Hingoli have recorded two deaths each. Parbhani, Dhule and Beed have recorded one death each.

On Sunday, the maximum temperatures in Parbhani and Jalna touched 42 degrees celsius. Last month, the maximum temperature in Vidarbha touched 47 degrees celsius. According to India Meteorological Department (IMD), the maximum

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**Disclaimer:- This is a media alert subject to verification.**

**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,  
Ministry Of Health & Family Welfare, Government of India**

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एक कदम स्वच्छता की ओर

temperature in Pune had touched 43 degrees celsius in the last week of April.

“We alert our health officials based on the reports of heat wave and temperature reports from IMD,” Awate said

According to IMD officials, Cyclone Fani led to a considerable drop in temperatures in the state but the mercury is set to rise again this week.





Pune city was reeling under severe summer heat till the last week of April.

“Following a drop in temperature, the cases of heat related ailments have subsided,” senior family physician Prakash Mahajan said.

The vulnerable age group most affected by summer illnesses in Pune were children between one year and eight years, teens, followed by the elderly.

“In any viral infection, children should be given lot of fluids, fruits and juices.

Roadside foods and water outside the home should be avoided. Boiled water should be given to children. Ice in beverages and juices from outside and ice candies which use industrial ice should be strictly avoided,” Mahajan added.

WILTING UNDER THE SUN		ACROSS AGES	or homes without air-conditioning or good airflow
<b>DISTRICTS WITH HEAT-RELATED CASES</b> <ul style="list-style-type: none"> <li>■ Akola 138</li> <li>■ Nagpur 112</li> <li>■ Latur 41</li> <li>■ Aurangabad 6</li> <li>■ Nashik 6</li> </ul>	<b>DEATHS IN THE STATE</b> <ul style="list-style-type: none"> <li>■ Aurangabad 2</li> <li>■ Hingoli 2</li> <li>■ Parbhani 1</li> <li>■ Dhule 1</li> <li>■ Beed 1</li> </ul>	<ul style="list-style-type: none"> <li>■ Infants and children up to age four, and adults over the age of 65, are vulnerable because they adjust to heat more slowly than others</li> </ul>	<ul style="list-style-type: none"> <li>■ Other high-risk groups include people of any age who don't drink enough water, have chronic diseases, or who drink excessive amounts of alcohol.</li> </ul>
 <p>(Source: State Health Department, Pune)</p>	<b>HEALTH CONDITIONS</b> <ul style="list-style-type: none"> <li>■ These include heart, lung, or kidney disease, obesity or underweight, high blood pressure, diabetes, mental illness, sickle cell trait, alcoholism, sunburn, and any conditions that cause fever</li> </ul>		
<b>IN URBAN AREAS</b> <ul style="list-style-type: none"> <li>■ You may be prone to develop heat stroke during a prolonged heat wave, particularly if there are stagnant atmospheric conditions and</li> </ul>	<p>poor air quality</p> <ul style="list-style-type: none"> <li>■ The “heat island effect,” where asphalt and concrete store heat during the day and release it at night leads to higher night temperatures</li> </ul>		<ul style="list-style-type: none"> <li>■ Heat stroke is strongly related to the heat index, which is a measurement of how hot you feel when the effects of relative humidity and air temperature are combined</li> <li>■ A relative humidity of 60% or more hampers sweat evaporation, which hinders your body's ability to cool itself</li> </ul>
		<b>WHO IS MOST AFFECTED?</b> <ul style="list-style-type: none"> <li>■ Heat stroke is most likely to affect older people who live in apartments</li> </ul>	<p>(Source: www.webmd.com)</p>

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