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Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
5677	28.12.2019	30.12.2019	Bareilly Uttar Pradesh	<a href="http://www.timesofindia.com/English">www.timesofindia.com/English</a> <a href="https://timesofindia.indiatimes.com/city/bareilly/5-cases-of-swine-flu-reported-in-bareilly-division/articleshowprint/73000616.cms">https://timesofindia.indiatimes.com/city/bareilly/5-cases-of-swine-flu-reported-in-bareilly-division/articleshowprint/73000616.cms</a>
<b>Title:</b>	<b>5 cases of swine flu reported in Bareilly division, Uttar Pradesh</b>			
Action By CSU, IDSP -NCDC	Information communicated to DSU-Bareilly, SSU-Uttar Pradesh			

Cases of swine flu have started surfacing in the region as five people recently tested positive with H1N1 virus in Bareilly division. Of these, four are from Shahjahanpur and one from Budaun.

Though Bareilly district has not reported any positive case of swine flu over the past few months, 60 people were detected to be suffering from swine flu between January and March this year, and three of them died.

Additional director (health), Bareilly division, Dr Rakesh Dubey told TOI, "Two districts in Bareilly division have reported swine flu cases but as people migrate from one place to another, there are chances of the virus spreading. Unlike previous years, the virus does not seem to be severe due to high immunity of people. However, people should adopt precautionary measures."

Health officials said high-risk groups should take precautions and get themselves vaccinated for H1N1 virus. The group comprises kids, pregnant women, elderly and

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**Disclaimer:- This is a media alert subject to verification.**

**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,  
Ministry Of Health & Family Welfare, Government of India**

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those with low immunity like patients of diabetes, heart disease, tuberculosis and HIV.

When a person gets vaccinated for swine flu, it takes 21 days for immunity to develop, but the vaccine provides a safety net for the next year.

In 2018, Bareilly district had reported only one case of swine flu while 54 had tested positive here in 2017.

Experts said H1N1 virus is an air-borne contagious disease and spreads when a person sneezes and sprays infected droplets around. These land on nearby objects like tables or mobile phones and infects a healthy person who happens to touch them.

In this context, officials said people should cover their faces with a handkerchief while sneezing or coughing and should keep their hands clean by repeatedly washing them with soap. They should also not reuse handkerchiefs or tissues, drink abundant water and eat healthy food. "To prevent themselves from contracting H1N1 virus, people should avoid shaking hands and should switch to namaste," said an official.

Symptoms of swine flu are fever, runny nose, sore throat, coughing, nausea, vomiting, lethargy and lack of appetite.

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