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Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
6221	21.07.2021	22.07.2021	Hyderabad Telangana	<a href="http://www.timesofindia.com/English">www.timesofindia.com/English</a> <a href="https://timesofindia.indiatimes.com/city/hyderabad/flu-dengue-on-the-rise-as-covid-19-curbs-ease/articleshowprint/84605412.cms">https://timesofindia.indiatimes.com/city/hyderabad/flu-dengue-on-the-rise-as-covid-19-curbs-ease/articleshowprint/84605412.cms</a>
<b>Title:</b>	<b>Flu, dengue on the rise as Covid-19 curbs ease, Hyderabad, Telangana</b>			
<b>Action By</b> CSU, IDSP -NCDC	Information communicated to DSU-Hyderabad, SSU- Telangana			

Seasonal flu is on the rise again now unlike last year when cases were at the bare minimum due to lockdown and Covid-appropriate behaviour. Hospitals are seeing a gradual increase in mild fever cases as well as food, water and vector-borne diseases, especially dengue, often with atypical symptoms.

With the threat of a third Covid wave ever present, upswing in flu and dengue cases has doctors worried.

“While there was a significant drop in these cases last year, we are now seeing an increase with roughly 8-10 cases of flu and dengue in a day. These illnesses have symptoms similar to a Covid patient, which means some cases might be missed. Also, the way everyone is going out despite Covid makes it easy for human transmission of other viral infections. Dengue cases are also up along with opening of construction and other activities as mosquitoes get more breeding grounds. While we are able to prevent respiratory diseases due to masks, preventing mosquito breeding is important too,” said Dr Rahul Agarwal, senior consultant physician, Care Hospitals.

**Save Water- Save Life, Save a tree- Don't print unless it's really necessary!**

**Disclaimer:- This is a media alert subject to verification.**

**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,  
Ministry Of Health & Family Welfare, Government of India**

**22-Sham Nath Marg, Delhi – 110 054**

For more information please contact: Media Scanning & Verification Cell: - Phone (011)23946029

Email: - [ids-msc@nic.in](mailto:ids-msc@nic.in), [ids-npo@nic.in](mailto:ids-npo@nic.in)

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Moreover, a lot of these cases have atypical symptoms unlike earlier. “Many are coming with mild fevers. We cannot call it flu as all three symptoms of fever, cough and cold are not there,” said Dr M Dasrath, medical superintendent, Area Hospital, Kondapur, adding that there were roughly 10 dengue and gastroenteritis cases every day now as compared to none a month back.

Other atypical symptoms included stomach cramps, diarrhoea for a single day and joint pains along with mild fever. “Although the situation is not alarming currently, 35-40 cases of these atypical nature are being seen daily,” added Dr Shafi P, senior physician and infectious diseases specialist.

Dr Nandana Jasthi, senior consultant physician, Medicover Hospitals group, said that they were seeing around 50 dengue patients in a week of which 10 required admission due to low platelet count.

	<h2>TO PREVENT DENGUE</h2> <ul style="list-style-type: none"> <li>● Wear fully covered clothes</li> <li>● Don't allow stagnant water in and around the house</li> <li>● Use mosquito repellents and nets</li> </ul>	 <h2>WHERE AEADES MOSQUITO BREEDS</h2> <ul style="list-style-type: none"> <li>● Inside of a clean water container which has stagnant water</li> <li>● Unused utensils, coolers, flower pots, tyres, overhead tanks, wells, doormats</li> </ul>	
	<h2>TO PREVENT WATER BORNE DISEASE</h2> <table border="0"> <tr> <td> <ul style="list-style-type: none"> <li>● Use purified water</li> <li>● Don't add unpurified water while cooking</li> <li>● Eat freshly prepared hot home food</li> </ul> </td> <td> <ul style="list-style-type: none"> <li>● Avoid eating outside</li> <li>● Take ORS or salt and sugar water in case of diarrhoea</li> </ul> </td> </tr> </table>		<ul style="list-style-type: none"> <li>● Use purified water</li> <li>● Don't add unpurified water while cooking</li> <li>● Eat freshly prepared hot home food</li> </ul>
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<h2>TO PREVENT SEASONAL FLU</h2> <ul style="list-style-type: none"> <li>● Maintain good nutritional status</li> <li>● Wear masks</li> </ul>	 <ul style="list-style-type: none"> <li>● Maintain respiratory hygiene</li> <li>● Avoid cold food and beverages</li> </ul>		

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