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### From the Desk of the Nodal Incharge...

Strengthening the backbone of India's public health through vigilance and integration.

The IDSP Event Chronicle is more than just a report; it is a living record of our collective commitment to a healthier, more resilient India. As we navigate an era of evolving epidemiological challenges, the Integrated Disease Surveillance Programme (IDSP) remains at the forefront—bridging the gap between data and action, and between policy and the field.

In this inaugural edition, we chronicle a pivotal quarter marked by high-level international collaborations, transformative workshops for our Metropolitan Surveillance Units, and a renewed focus on training the next generation of public health leaders. This document serves as a strategic touchpoint for officials of the States and the Ministry of Health, ensuring that our progress is shared and our vision is unified.



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## Ms. Lindy Cameron, the british high commissioner visited to NCDC



**Delhi, January 28, 2026:** Ms. Lindy Cameron, the British High Commissioner to India, visited the National Centre for Disease Control (NCDC) on 28<sup>th</sup> January 2026. During the visit, she received a detailed briefing on the work of the Integrated Disease Surveillance Programme (IDSP) and NCDC at the NCDC Public Health Emergency Operations Centre (PHEOC).

Prof. Dr. Ranjan Das, Director, NCDC, provided an overview of NCDC's functions and the key activities of IDSP. The briefing highlighted the programme's role in strengthening disease surveillance, early detection, and public health response in the country.

At the time of the visit, Dr. Himanshu Chauhan, Head of Department, IDSP; Dr. Pranay Verma, Joint Director; and members of the IDSP team were present. The visit reflected ongoing engagement and interest in India's public health surveillance systems, preparedness infrastructure and use of AI and digital technology in public health.

**IDSP MISSION:**

To strengthen the disease surveillance in the country by establishing a decentralized state based surveillance system for epidemic prone diseases to detect the early warning signals, so that timely and effective public health actions can be initiated in response to health challenges in the country at the Districts, State and National level..

**IDSP OBJECTIVE:**

Integration and decentralization of surveillance activities through establishment of surveillance units at Centre, State and District level. Human Resource Development – Training of State Surveillance Officers, District Surveillance Officers, Rapid Response Team and other Medical and Paramedical staff on principles of disease surveillance. Information Communication Technology - for collection, collation, compilation, analysis and dissemination of data. Strengthening of public health laboratories.

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## Denmark delegation visited to IDSP



**Delhi, Jan 20, 2026:** A Denmark delegation visited the Integrated Disease Surveillance Programme (IDSP) on January 20, 2026 to learn about India's disease surveillance systems, public health monitoring processes, and outbreak response mechanisms. As a part of ongoing collaboration between Denmark and India on AMR and infectious disease preparedness, a five-day training was organized at NCDC. A visit was also undertaken at PHEOC by Denmark delegation.

## Training of Trainers (ToT) programme for state officers



**Delhi, Feb 13, 2026:** the Public Health Foundation of India (PHFI), New Delhi, successfully organized a Training of Trainers (ToT) Programme for State Officials from the Kashmir Division from February 09-13, 2026, on behalf of the Integrated Disease Surveillance Programme (IDSP) under the IDSP Training network. As part of the programme, participants visited the Public Health Emergency Operations Centre (PHEOC), IDSP-NCDC Delhi.

## National Stakeholder Roundtable on Wastewater Surveillance: From Signals to Public Health Action



Delhi, April 8, 2026: The IDSP-NCDC hosted a national stakeholder roundtable on “Wastewater Surveillance: From Signals to Public Health Action” at the NCDC campus in Delhi.

The roundtable meeting focused on identifying the administrative and epidemiological triggers needed to convert environmental signals into timely and life-saving public health responses. The discussion highlighted the importance of strengthening wastewater surveillance as an early-warning system and bridging the gap between detection and decision-making in public health action.

The roundtable brought together key stakeholders from NCDC, Indian Council of Medical Research (ICMR), World Health Organization (WHO), the World Bank, Centers for Disease Control (CDC), National Institute of Virology (NIV), Bill and Melinda Gates Foundation (BMGF), Centre for Cellular and Molecular Biology (CCMB), Indian Institute of Technology (IIT) Bombay, Translation Health Science and Technology Institute (THSTI), and CSIR-National Environmental Engineering Research Institute (NEERI).

### INFORMATION CORNER

#### Media Scanning and Verification Cell

Media scanning is an important component of surveillance to detect early warning signals. The Media Scanning and Verification Cell receive an average of 5 – 6 media alerts of unusual health events on a daily basis, which are subsequently verified and investigation.

A total of **553** media alerts have been scanned from 1<sup>st</sup> January till 31<sup>st</sup> March 2026. The Media Scanning and verification cells are also being established at state and UT levels.

#### Month-wise Media Alert:

January 2026 : **199**

February 2026 : **186**

March 2026 : **168**



## Heat Stroke Management



Rise in 1°C of global warming results in longer duration of heat waves. Insufficient hydration during heat waves impairs body's innate ability to cool during high Temperatures, resulting in a Heat stroke.

#### Q: How to avoid heat stroke

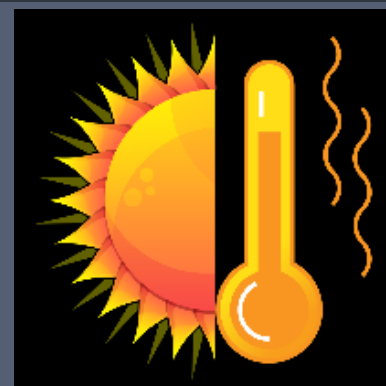
- A: 1) Avoid heavy work during mid-noon  
2) Drink lots of water.  
3) Avoid drinking heavily caffeinated or sugary drinks which may cause dehydration.  
4) Wear light coloured clothes.  
5) Take frequent rests between work when outside.

#### Warning Signs:

- High body temperature
- Hot, red, dry or damp skin
- Throbbing headache
- Dizziness or confusion
- Nausea or vomiting
- Rapid heartbeat
- May lose consciousness.

#### FIRST AID FOR HEAT STROKE

- 1) Place the person in a cool area lying down
- 2) Provide cold compression
- 3) Give short sips of chilled water.
- 4) After the person copes up, give foods high in moisture.





## CHINTAN SHIVIR

Chintan Shivir for NCDC branches & ROHFWs (February 10-12, 2026), chaired by Dr. Sunita Sharma, DGHS. Sr. officials from DGHS, Regional Directorates, NCDC & NCVBDC shared impactful achievements, best practices, and brainstormed functional integration.



## MoU

Memorandum of Understanding (MoU) signed for establishing an MSU in Delhi—paving the way for the 20th and final MSU under the PM-ABHIM scheme, implemented by IDSP-NCDC! A milestone for public health Feb 17, 2026.

February 17, 2026.



## IHIP-IDSP at AI Summit:

Showcasing how AI strengthens disease surveillance and public health response. Building smarter, faster, resilient health systems.

February 16, 2026.



## Two-Day National Review Meeting of MSU Concludes in Nagpur

**Nagpur, January 7, 2026:** The two-day National Review Meeting of the Metropolitan Surveillance Unit (MSU) successfully concluded here today, bringing together senior officers from the Ministry of Health and Family Welfare (MoHFW), National Centre for Disease Control (NCDC), Integrated Disease Surveillance Programme (IDSP), municipal corporations, MSU teams, and other key stakeholders.

Held on January 6-7, 2026 the meeting focused on strengthening urban health surveillance. Participants reaffirmed their commitment to collaborative efforts aimed at making India's cities safer, smarter, and healthier through enhanced disease monitoring and response systems.

Prof. Dr. Ranjan Das, Director, NCDC; Dr. Himanshu Chauhan, Head of the Department (HoD), IDSP; and other officers were present at the national review meeting.

### About MSU

The MSU is a central sector scheme under the Pradhan Mantri Ayushman Bharat Health Infrastructure Mission (PM-ABHIM). It addresses critical gaps in urban surveillance by establishing dedicated units in 20 major cities. Currently, 17 MSUs are operational in Mumbai, Ahmedabad, Bhubaneswar, Nagpur, Chennai, Bengaluru, Pune, Thane, Patna, Hyderabad, Gurugram, Guntur, Shimla, Varanasi, Agra, Jaipur, and Guwahati.



Two day National Review Meeting of Metropolitan Surveillance Units (MSUs) held in Nagpur  
Theme "Proactive Surveillance, Protected Cities" (6<sup>th</sup>-7<sup>th</sup> January 2026)



Present by  
Integrated Disease Surveillance Programme (IDSP)  
National Centre for Disease Control (NCDC)  
Ministry of Health and Family Welfare  
Government of India, Civil Lines, Delhi  
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