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Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

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6313	16.09.2021	16.09.2021	Delhi	www.outlookindia.com/English https://www.outlookindia.com/newsscroll/two-delhi-hospitals-report-cases-of-scrub-typhus/2161447
Title:	Two Delhi hospitals report cases of scrub typhus			
Action By CSU, IDSP –NCDC	Information communicated to SSU - Delhi			

Two hospitals in the national capital have reported cases of bacterial infection scrub typhus among children.

While one patient was treated at the Chacha Nehru Bal Chikitsalaya, another was treated at Aakash Healthcare, Dwarka.

A senior doctor at the Chacha Nehru Bal Chikitsalaya said the patient who came to the hospital was treated through oral medication.

Dr Meena J, consultant, Dept of Paediatrics, Akash Healthcare said a child aged around six was treated for scrub typhus at the hospital.

The child had a fever for two weeks and was diagnosed with scrub typhus after a blood test. He didn"t have a severe infection and was discharged after treatment through oral medication, he said.

Dr Manish Mannan, Head of Department, Paediatrics and Neonatology, Paras Hospitals, Gurugram, said the symptoms of scrub typhus are similar to that of dengue.

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Disclaimer:- This is a media alert subject to verification.

Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,
Ministry Of Health & Family Welfare, Government of India

22-Sham Nath Marg, Delhi - 110 054

For more information please contact: Media Scanning & Verification Cell: - Phone (011)23946029

Email: - idsp-msc@nic.in, idsp-npo@nic.in

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"If the fever is not managed in time, then it can even cause a child to die. The mortality rate is one to 50 per cent. It is transmitted by mites," he said.

According to Dr Vineeta Singh Tandon, consultant, internal medicine, the PSRI Hospital, the symptoms of scrub typhus usually start showing within seven to 10 days of the mite bite. They manifest as fever, body ache, headache, abdomen pain and vomiting.

In some cases, breathing discomfort, altered sensorium, confusion and severe cough may also be seen, she said.

"These are caused when the major organs of the body are affected, leading to various complications like myocarditis (heart), hepatitis (liver), meningitis (brain) and kidney injury," Tandon said.

So far, there is no vaccine for scrub typhus. Children should avoid areas with heavy vegetation and bushes where mites can be found and cover their bodies fully as a precaution against this disease.

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