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Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
5304	30.05.2019	30.05.2019	Ahmedabad Gujarat	www.timesofindia.com/English https://timesofindia.indiatimes.com/city/ahmedabad/136-fall-ill-from-heat-in-a-day/articleshow/69569303.cms
Title:	136 fell ill from heat in a day in Ahmedabad- Gujarat on Wednesday			
Action By CSU, IDSP -NCDC	Information communicated to DSU-Ahmedabad, SSU-Gujarat			

Unbearable summer heat is taking its toll on the health of citizens with cases of heat-related illnesses on the rise. According to data by 108 emergency services, some 136 cases of heat-related illnesses were reported in Ahmedabad on Wednesday. Medical practitioners say that apart from the vulnerable populations such as children and elderly, even younger people, especially professionals who step out in the heat due to work-related compulsions, are being affected.

"I have been attending at least ten cases in a day and most of them are young men and women in their thirties. Common symptoms include high fever, vomiting, headache, abdominal discomfort, vertigo and giddiness and even diarrhoea in some cases," said Dr Dhiren Mehta, former president, Ahmedabad Family Physicians Association (AFPA). Experts say that constant exposure to extreme temperature fluctuations also tend to trigger heat-related illnesses.

Save Water- Save Life, Save a tree- Don't print unless it's really necessary!

Disclaimer:- This is a media alert subject to verification.

**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,
Ministry Of Health & Family Welfare, Government of India**

22-Sham Nath Marg, Delhi – 110 054

For more information please contact: Media Scanning & Verification Cell: - Phone (011)23946029

Email: - idsp-msc@nic.in, idsp-npo@nic.in

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